

Health Plan Services



Contact Information: 1-800-522-0088

www.healthnet.com

Doctor Referral Required? No

Services:

1. **Health Net Balance:** *A weight management program*
2. **Nutrition Program:** *Support for healthy eating and nutrition*
3. **Quitting Matters:** *A smoking cessation program*
4. **Member Discounts:** *On health products and services for members*
5. **Decision Power:** *Health Coaches for the management of chronic illness*