

Health Plan Services



Contact Information: 1-800-CIGNA24 (1-800-244-6224)

www.cigna.com

Doctor Referral Required?

No

Services:

- 1. Obesity Management:** *Identification of metabolic syndrome, improved co-morbid illness management, nutrition and exercise quality improvement and weight control success.*
- 2. Depression Program:** *Assist with depression.*
- 3. Targeted Conditions Program:** *Target population identified through integrated analysis of medical, pharmacy and behavioral claim history.*
- 4. Others Programs include:** *Acupuncture, Naturopathic Medicine, Birth Control, Self Esteem, Skin Cancer, Depression, Fitness & Nutrition, STD's, Testicular Cancer, Mental Health Problems, Body-Mind Wellness, Clinical Breast Examinations, Pap Tests, Weighloss, Asthma in Teens, Smoking Cessation, Stress Management, Grieving, Home Pregnancy Tests and Oral Care.*