

## Health Plan Services



Contact Information: 1-800-568-3560

[www.blueshieldca.com](http://www.blueshieldca.com)

Doctor Referral Required? No

### Services:

- 1. Asthma Management Program for Children:** *Access our asthma management program and use our children's immunization guideline schedules to keep up with your little one's health needs.*
- 2. Men's Health:** *Get information on men's health, including articles on preventive health guidelines, prostate health, testicular cancer and more.*
- 3. Preventative Health Guidelines:** *Get age-specific health recommendations including preventive health screenings, immunizations and more.*
- 4. Women's Health:** *Get information on women's preventive health services including Pap tests, breast cancer and menopause.*
- 5. Transplant Disease Management Program:** *Our transplant program proactively supports all members identified as potential transplant candidates.*
- 6. Relay Health:** *Blue Shield and RelayHealth are pleased to offer this easy-to-use, secure, Web-based communication tool that allows doctors and patients to communicate online.*
- 7. Neonatal Care Management Program:** *Blue Shield newborns in intensive care with complex medical conditions, extremely low birth weight, or requiring major surgery can benefit from our Neonatal Care Management program.*
- 8. LifeMAP (Member Advocacy Program):** *This program gives members personal support from a registered nurse to help them prepare for and recover from surgical procedures.*
- 9. Joint Health Arthritis Education Program:** *Can help you take control of your arthritis with information and materials designed to complement the care you receive from your physician and other healthcare professionals -- at no extra cost to you.*
- 10. Heart Failure Program:** *This monitoring system will help you learn more about your heart condition, keep your doctor aware of how you are doing, and help you stay healthy and out of the hospital.*
- 11. Other resources and programs include:** *Depression, Domestic Violence, Hearing & Visually disabled, COPD, Prenatal, and others.*